



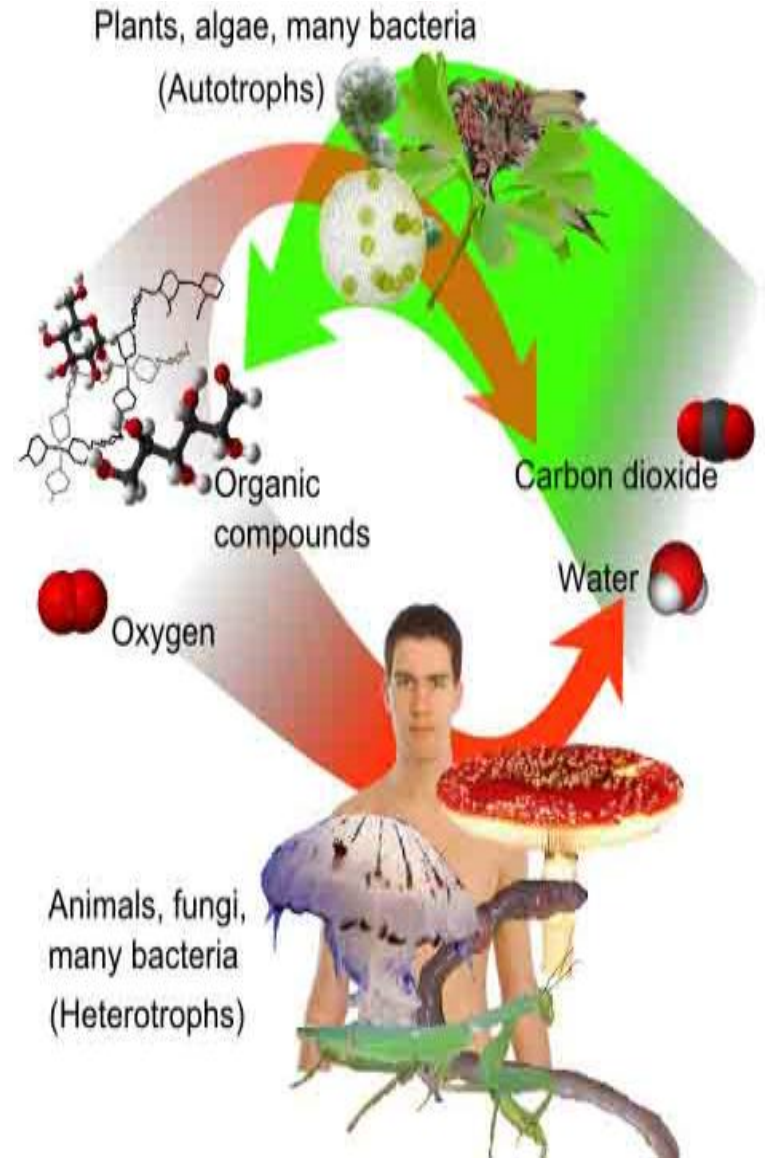
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# Metabolism: Cellular Respiration & Fermentation



# Everyday Biology

## What causes smelly farts?

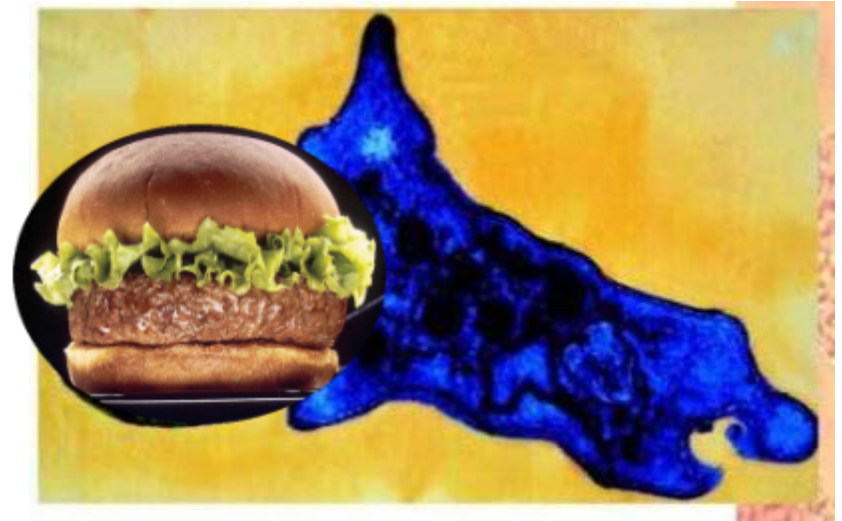


- Most people pass gas at least 10 - 25x a day.
- Farts are mostly a byproduct microbial anaerobic respiration & fermentation in the colon (large intestine).
- Over 99% of fart volume is non-smelly gases, including oxygen, nitrogen, carbon dioxide, hydrogen and methane.
- Smelly farts are caused by microbes that generate volatile sulfur compounds and/or by feces in the rectum.
- Diets high in healthy sulfur containing veggies (*ex. broccoli, cabbage, brussel sprouts*) and protein with sulfur-containing amino acids significantly increase the smell of farts.

# Metabolism

## The Transformation of Energy

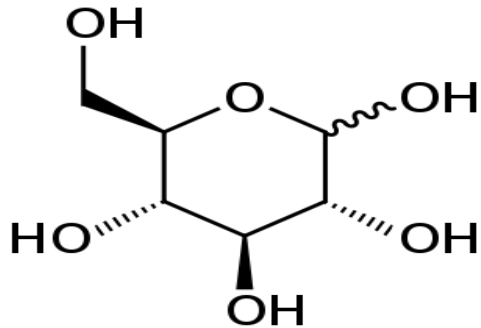
- Cells either get their energy either by \_\_\_\_\_ or \_\_\_\_\_.
- But a cell can't just use sunlight or nutrients to run cellular reactions.
- What type of fuel is needed to run a cell?  
\_\_\_\_\_



Cells Can't Eat  
Hamburgers

# Metabolism



Energy is obtained by breaking chemical bonds in foods we eat, like glucose.



Metabolism transfers food energy into **ATP energy**, the common energy currency of cells.



# Aerobic Cellular Respiration *is* Carbohydrate Catabolism

- Organisms catabolize (break down) carbohydrates as the primary energy source for anabolic reactions.
- The monosaccharide **glucose** is used most commonly.
- Glucose catabolized by:
  - **Aerobic cellular respiration** → Results in complete breakdown of glucose to carbon dioxide, water and a lot of 
  - **Anaerobic respiration & Fermentation** → Only partially breaks down glucose, into pyruvic acid and organic waste products and a little 

# Basic Chemical Reactions Underlying Metabolism

1. Anabolism & Catabolism
2. Oxidation and Reduction Reactions
3. ATP Production and Energy Storage

*This is stuff that you need to know before we begin discussing cellular respiration.*

# Building and Breaking Down Molecules

## Anabolic Reaction

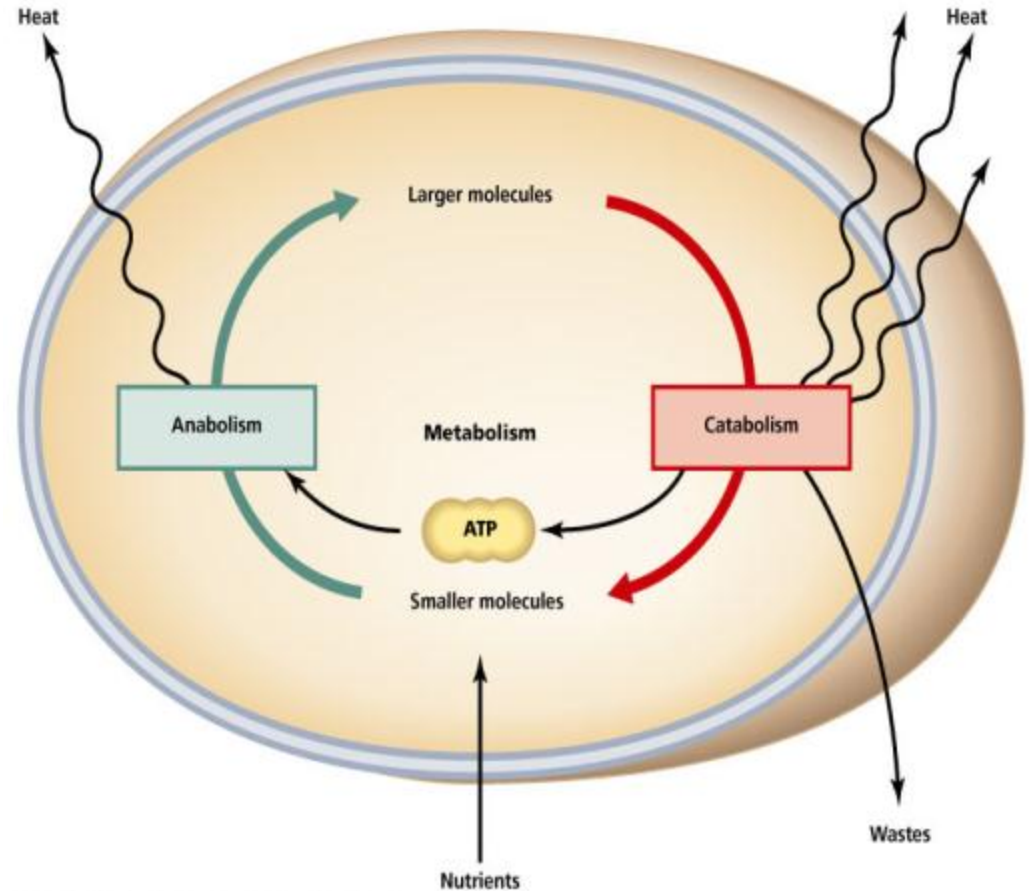
(*anabolism*)

The phase of metabolism in which simple substances are **synthesized** into the complex materials of living tissue.

## Catabolic Reaction

(*catabolism*)

The metabolic **break down** of complex molecules into simpler ones, often resulting in release of energy.



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# Basic Chemical Reactions Underlying Metabolism

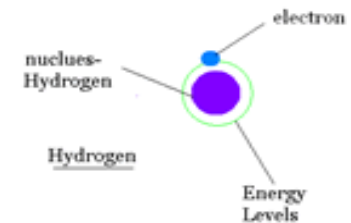
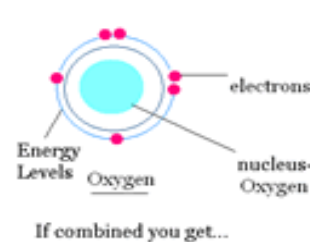
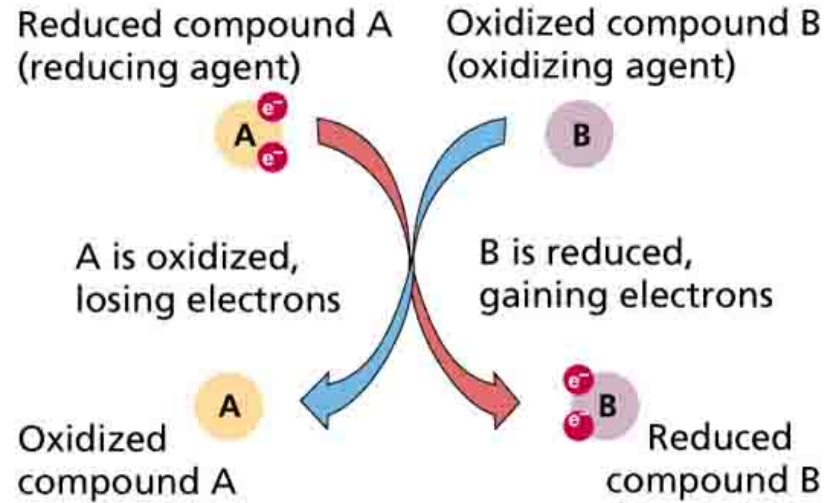
1. Catabolism and Anabolism

**2. Oxidation Reduction (Redox) Reactions**

3. ATP Production and Energy Storage

*This is stuff that you need to know before we begin discussing cellular respiration.*

# Oxidation-Reduction Reaction



Because the Oxygen and Hydrogen are sharing two electrons. It has two have two Hydrogen Atoms, because Hydrogen only has one electron.

# Oxidation and Reduction Reactions

## What do they have to do with metabolism?

- Cells use special molecules to carry electrons (*often in H atoms*).



- This is potential energy.

**REVIEW!**  
Animated lesson on  
Redox Reactions and  
How NAD<sup>+</sup> Works

- Two important **electron carriers**:

- **Nicotinamide adenine dinucleotide (NAD<sup>+</sup>)** → add electrons & hydrogen → NADH
- **Flavine adenine dinucleotide (FAD)** → add electrons and hydrogen → FADH<sub>2</sub>

- Think of these energy carriers as **rechargeable batteries**.  
(When they have the electrons and hydrogens they are charged up, when they don't, they need charging.)

# Basic Chemical Reactions Underlying Metabolism

1. Catabolism and Anabolism

2. Oxidation and Reduction Reactions

**3. ATP Production and Energy Storage**

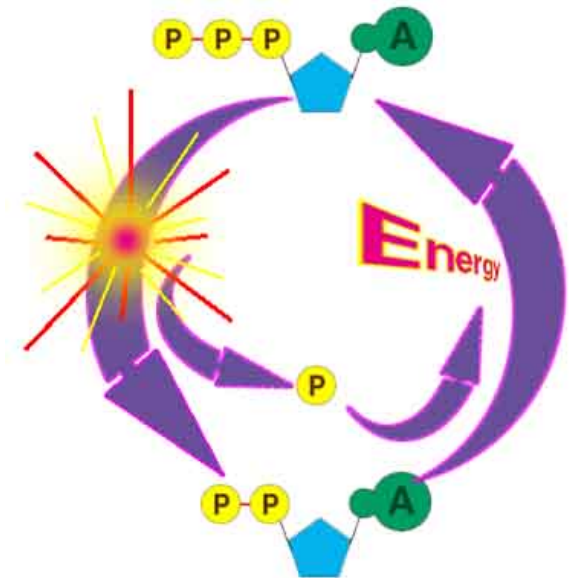
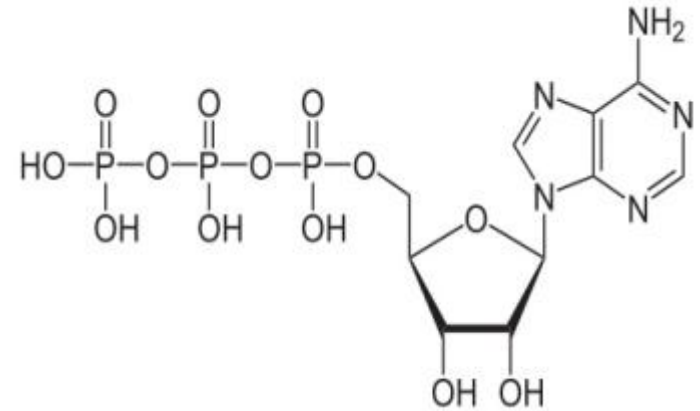
*This is stuff that you need to know before we begin discussing cellular respiration.*



# Production & Energy Storage

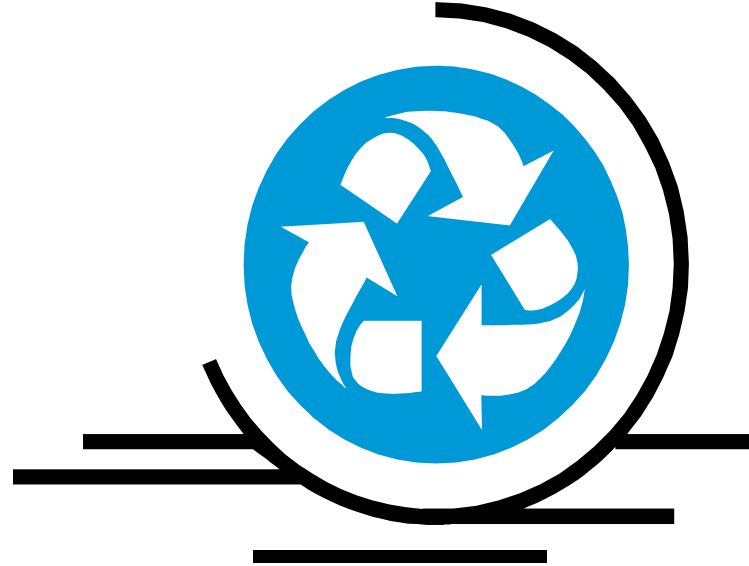
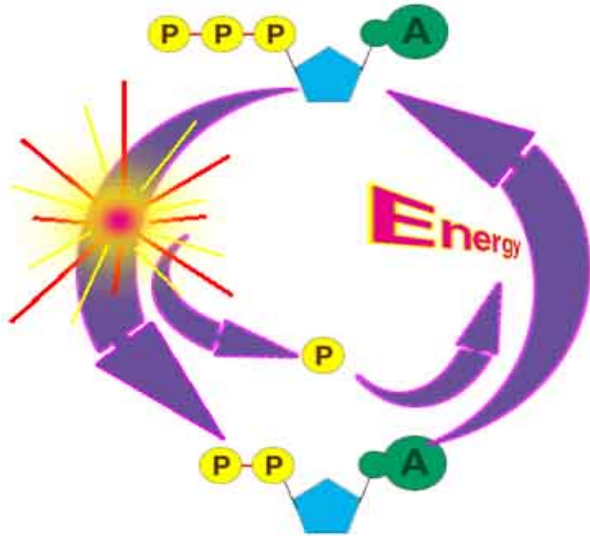
**Q:** This molecule has a sugar, a base and three phosphate groups. What kind of monomer is it?

- Adenosine 5'-triphosphate
- Multifunctional "molecular currency" of intracellular energy transfer.
- Metabolism releases energy from nutrients.
- That energy can be stored in **high-energy phosphate bonds** of ATP.
- ATP transports chemical energy within cells.
- ATP can be used to fuel many cellular reactions.





# Production & Energy Storage



- In a working muscle cell the entire pool of ATP is recycled once each minute.
  - Over 10 million ATP per second per cell.
  - A biological “rechargeable battery!”

# Aerobic Cellular Respiration →

Utilizes four subpathways:

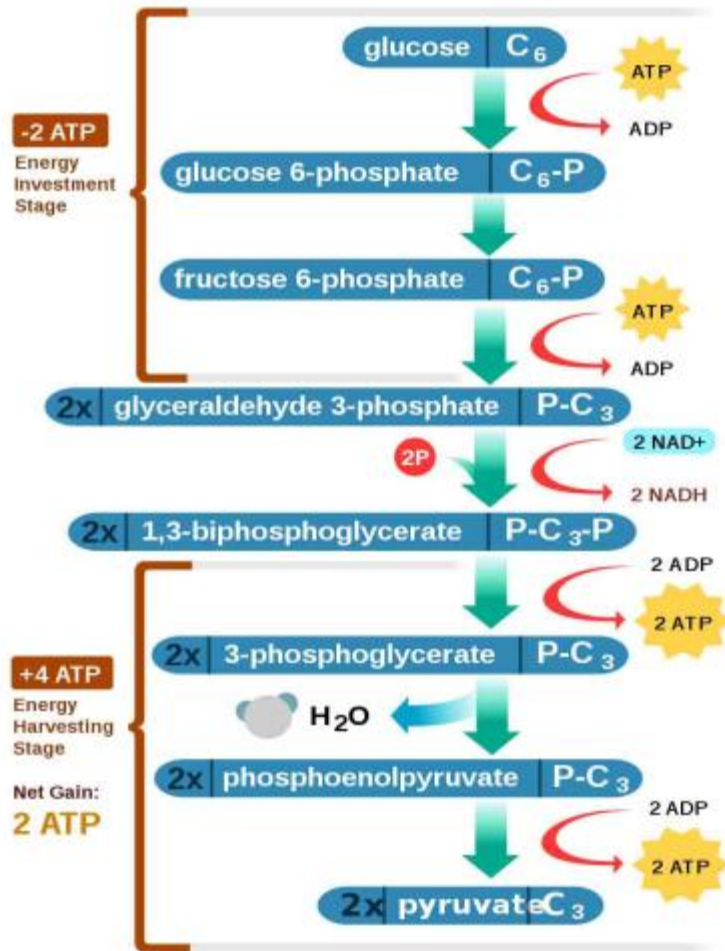
1. glycolysis
2. synthesis of acetyl CoA
3. Krebs cycle
4. electron transport chain

End result is complete breakdown of glucose to carbon dioxide, water and

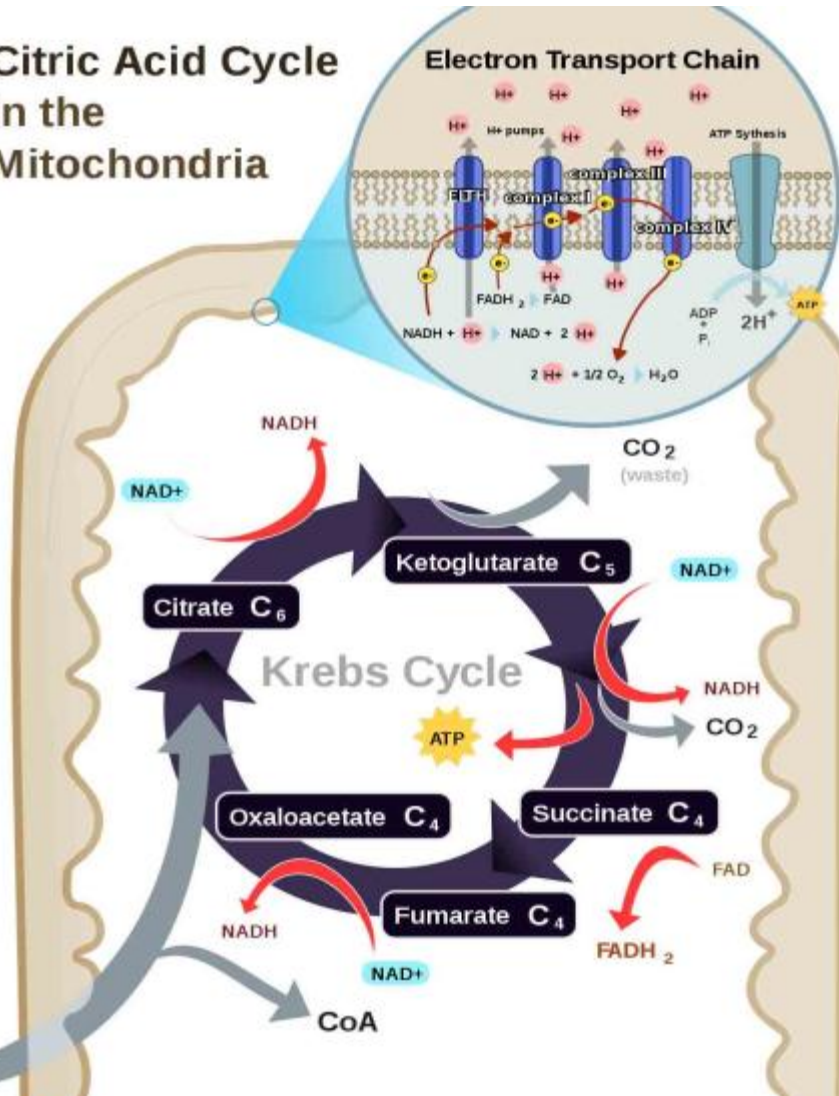


# Aerobic Cellular Respiration

## Glycolysis in the Cytoplasm



## Citric Acid Cycle in the Mitochondria

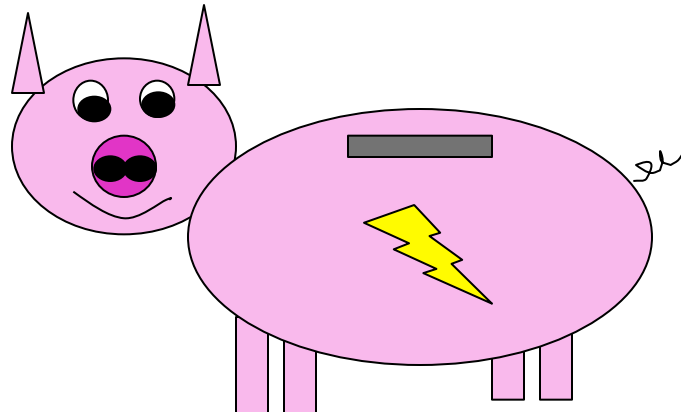
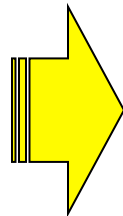




# Aerobic Cellular Respiration

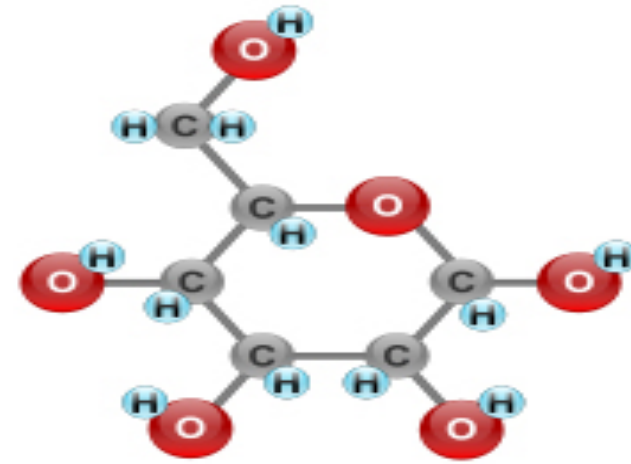
Subpathway	Molecule In	Molecule Out	Energy Obtained
1. glycolysis			
2. synth acetyl-CoA			
3. Krebs cycle			
4. ETC			

Let's put the energy extracted from glucose into our energy piggy bank.

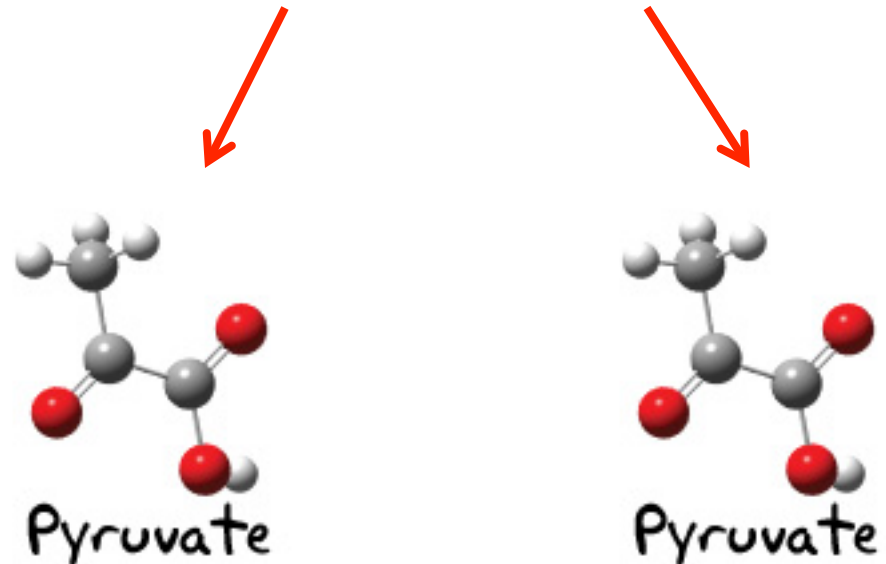


# Glycolysis

- Occurs in cytoplasm of most cells.
- Involves splitting of a six-carbon glucose into two three-carbon molecules of pyruvate.



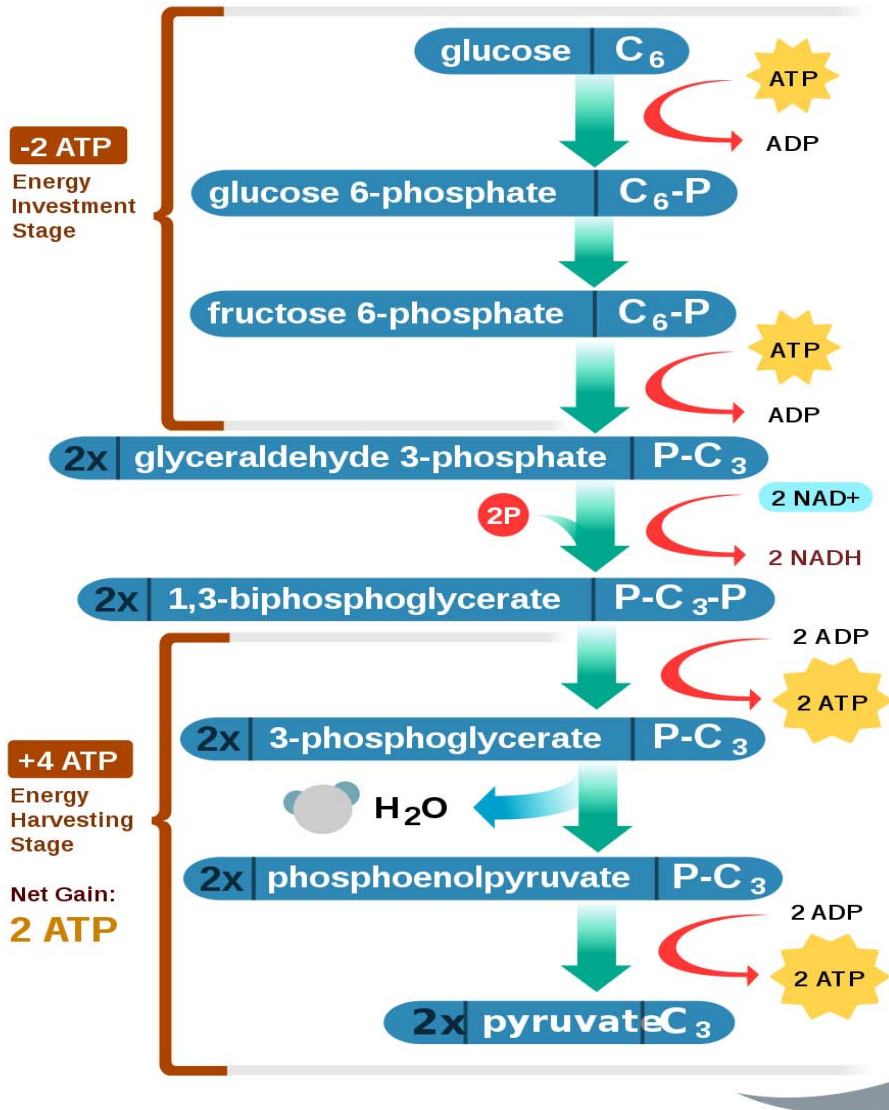
Glucose



Pyruvate

Pyruvate

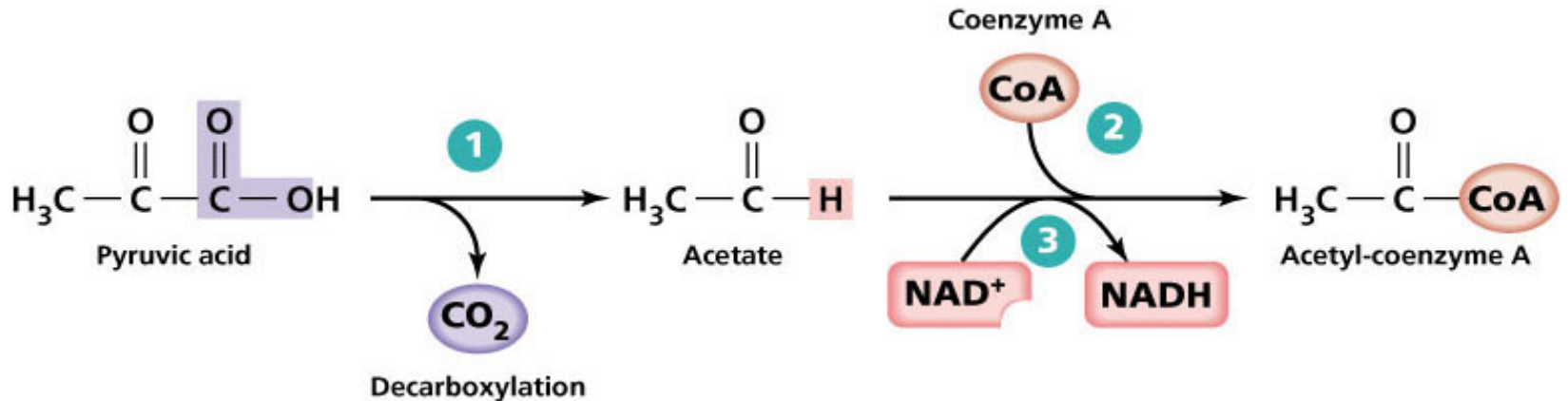
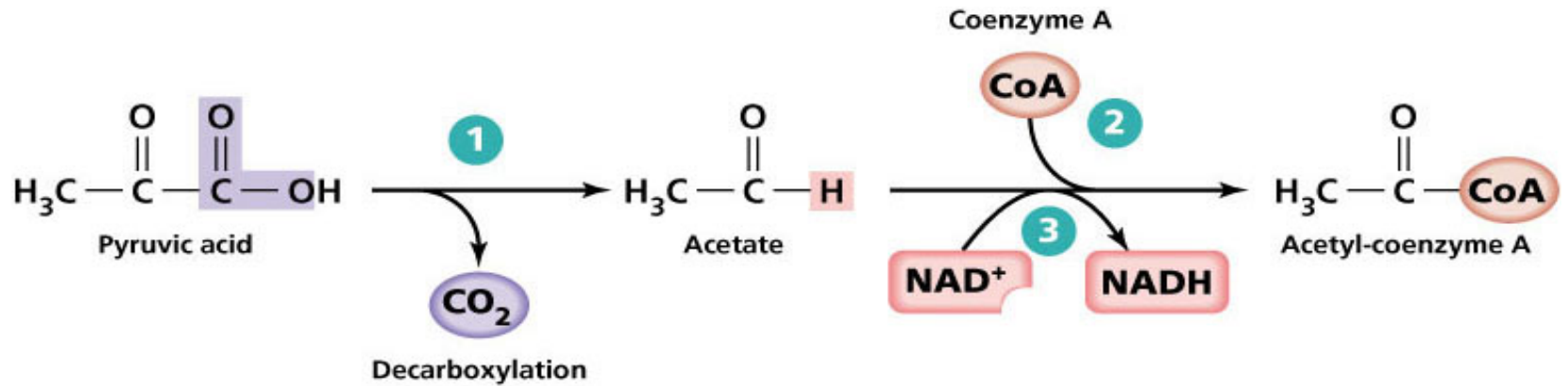
# Glycolysis in the Cytoplasm



# REVIEW!

## Animated lesson on How Glycolysis Works

# Synthesis of Acetyl-CoA



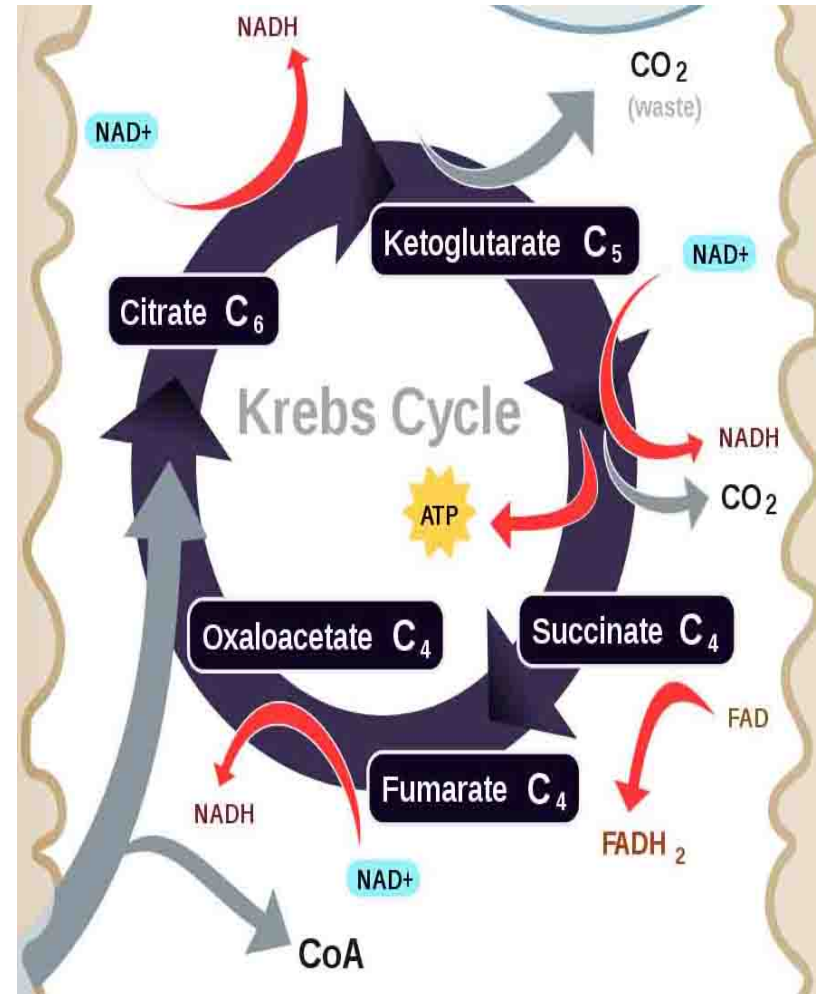
# Krebs Cycle

(Citric Acid Cycle)

- Great amount of energy remains in bonds of acetyl-CoA.
- The Krebs cycle transfers much of this energy to electron carriers  $\text{NAD}^+$  and FAD.
- Occurs in cytoplasm of [prokaryotes](#) and in matrix of mitochondria in [eukaryotes](#).

**REVIEW!**

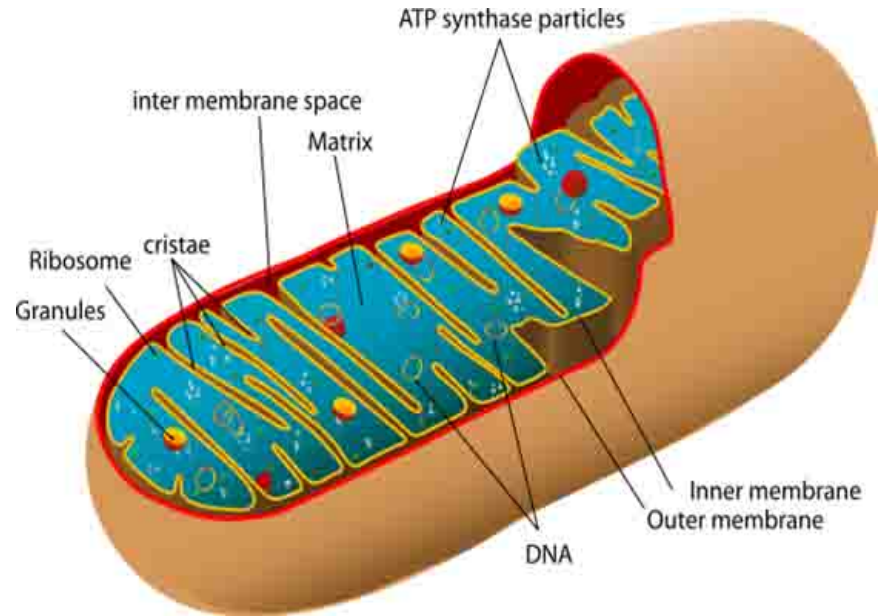
Animated lesson and quiz on [Krebs Cycle](#)



x 2: 1 cycle for each acetyl CoA molecule

# Electron Transport

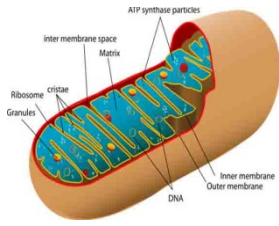
- Most of the [ATP](#) made in cellular respiration comes from the stepwise release of energy through a series of redox reactions between molecules known as the [electron transport chain](#) (ETC).



- Must occur in a membrane. The ETC is located in cristae of **mitochondria** in [eukaryotes](#).
- **Q:** Where would the ETC of [prokaryotes](#) be located?

Three main events important in the ETCs generation of ATP:

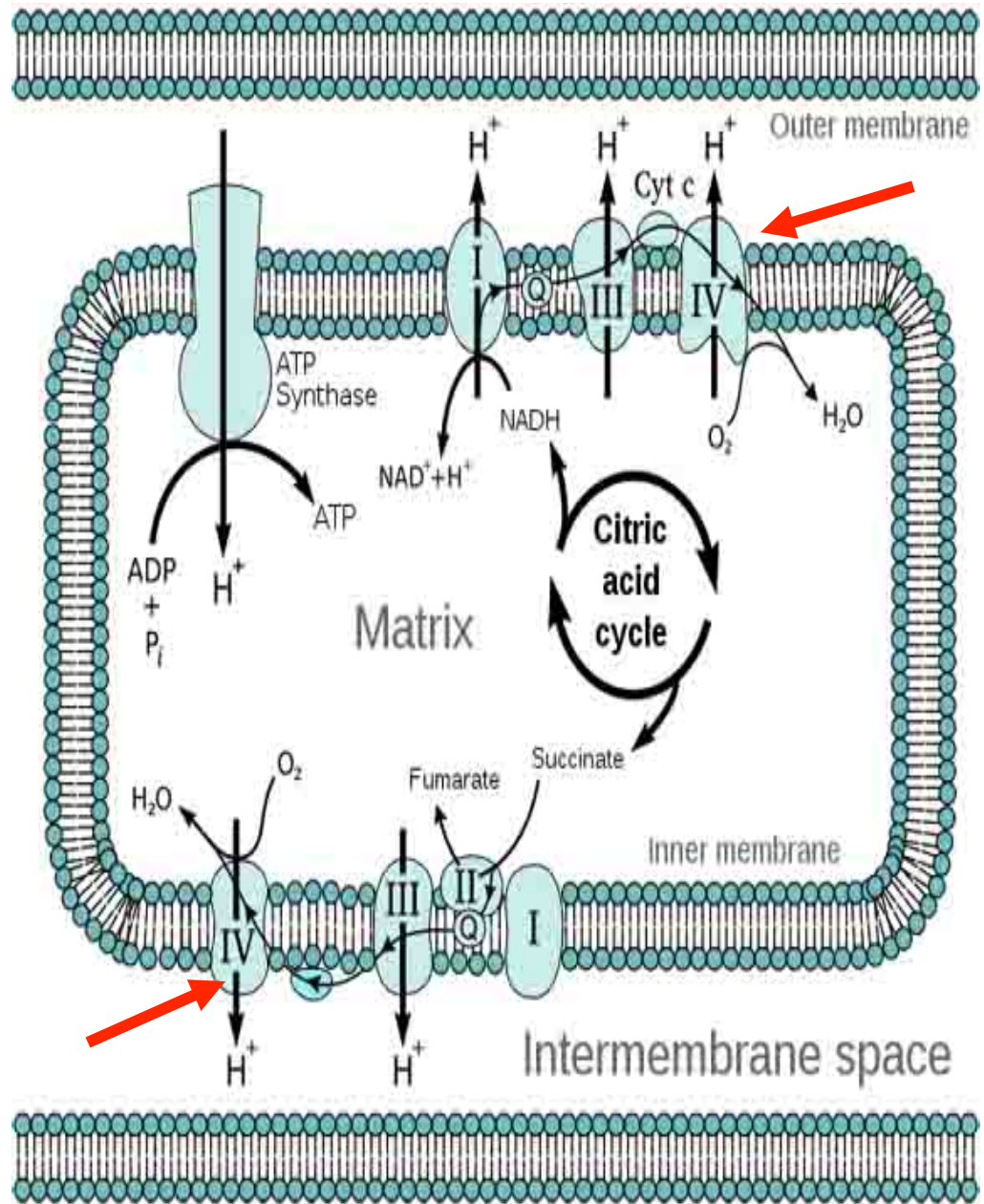
1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

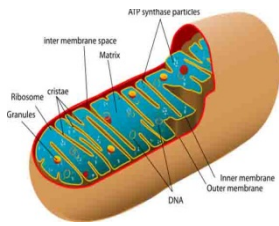


# Electron Transport

## 1. Oxidation Reduction Reactions

- The electron carriers (NADH and  $\text{FADH}_2$ ) bring electrons and protons ( $\text{H}^+$ ) to the ETC.
- Carrier molecules in the membrane of the mitochondria pass electrons from one to another and ultimately to final electron acceptor.

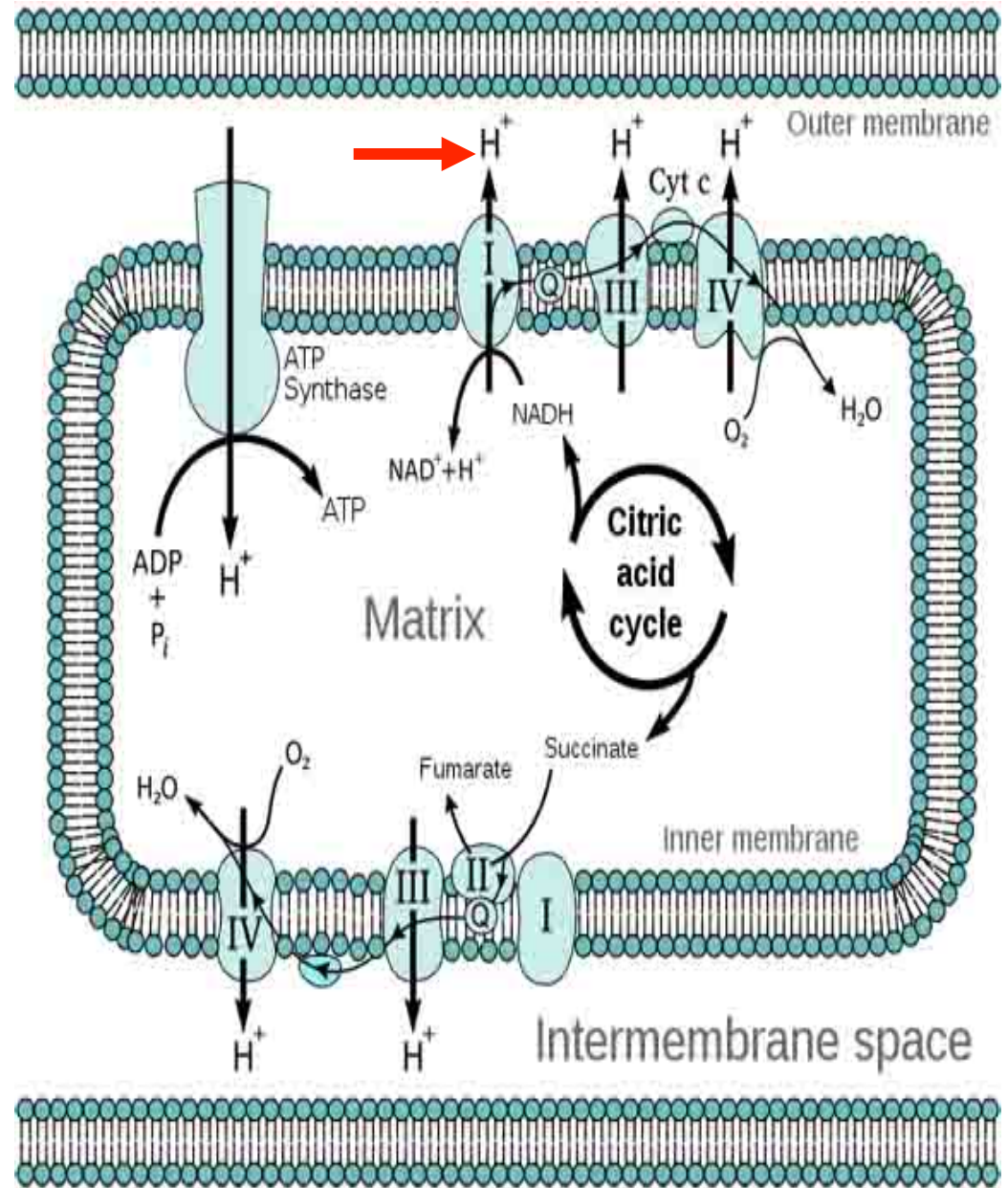




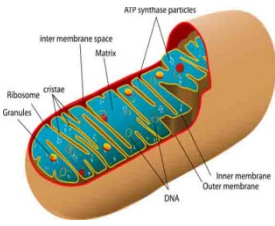
# Electron Transport

## 2. Creation of a Proton Gradient

- Energy from each electron being passed down the chain is used to pump protons ( $H^+$ ) from one side of the membrane to the other.
- Proton gradient = type of ion **gradient** (difference in ion concentration on either side of a membrane) ... potential energy available for work in cell.







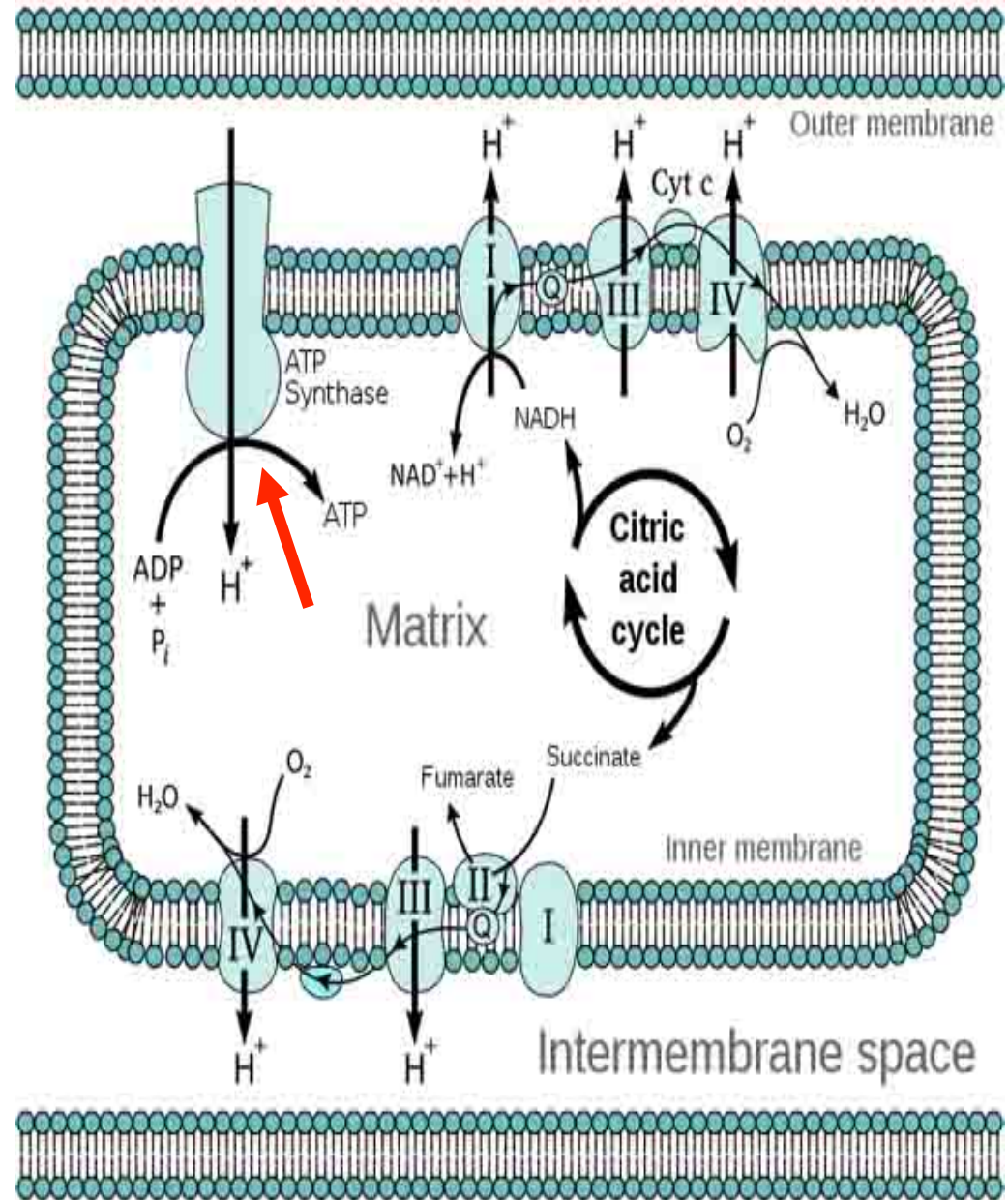
# Electron Transport

## 3. Synthesis of ATP

H<sup>+</sup> ions flow down proton gradient through protein channels (ATP synthase) that phosphorylate ADP to make ATP.

**REVIEW!**

Animated lesson on [Electron Transport Chain](#)



# Meet the Enzyme: ATP Synthase

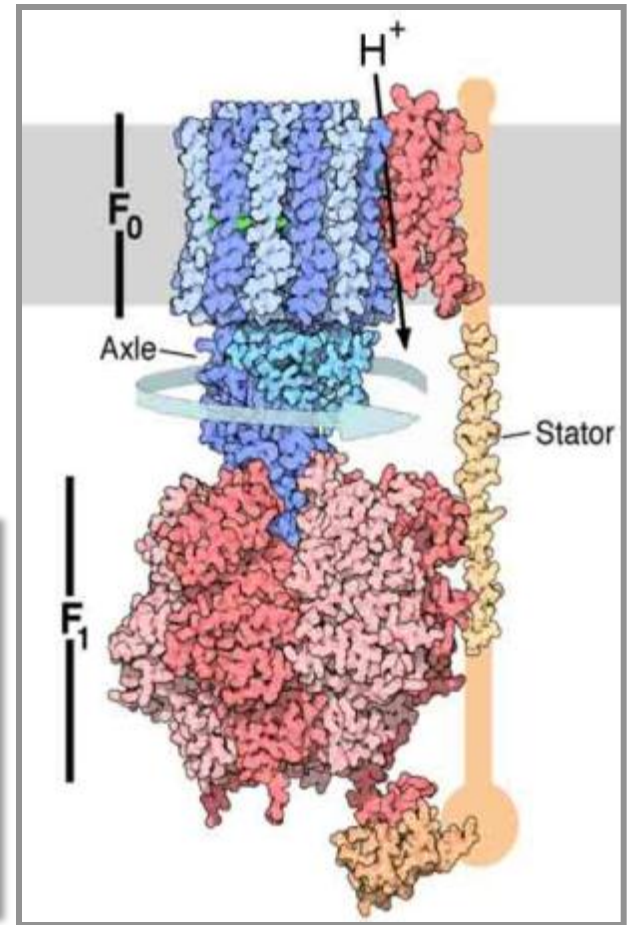
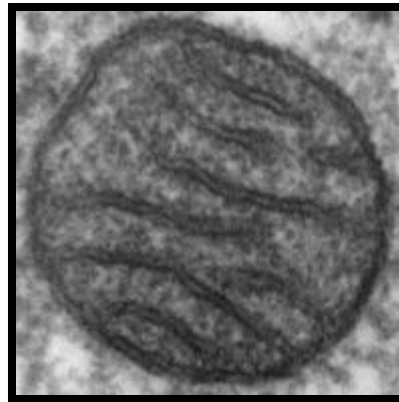
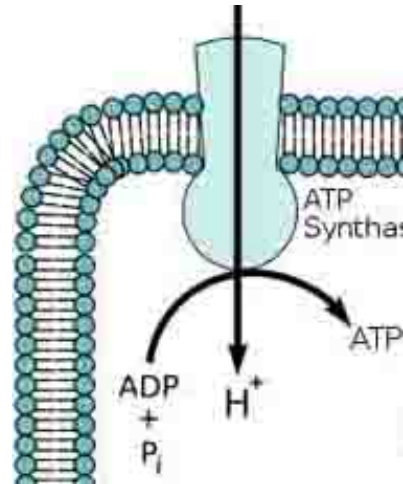
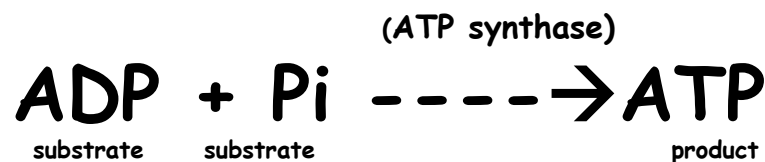
Important metabolic enzyme that harnesses energy for biological cells to use.

Involved in synthesis of adenosine triphosphate ([ATP](#)), from:

- adenosine diphosphate (ADP)
- a phosphate group and
- energy from  $H^+$  ion
- gradient

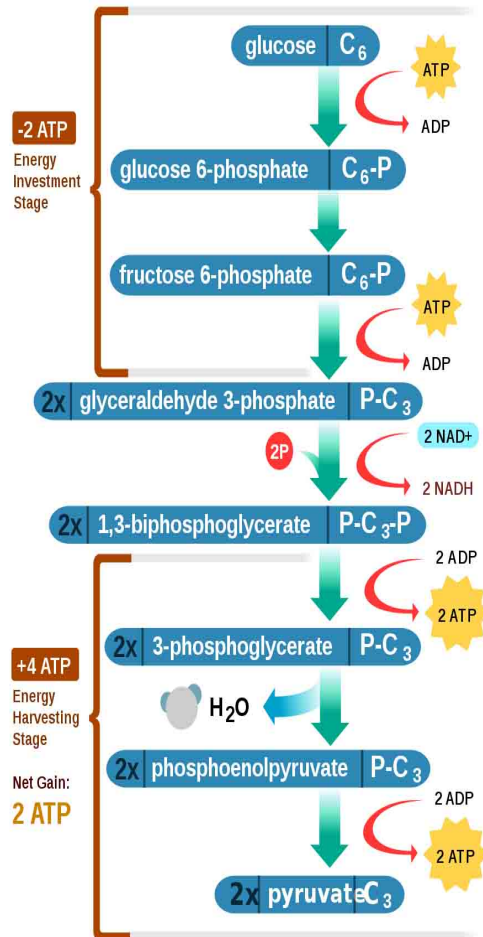
ATP is the most commonly used "energy currency" of cells.

**Reaction:**

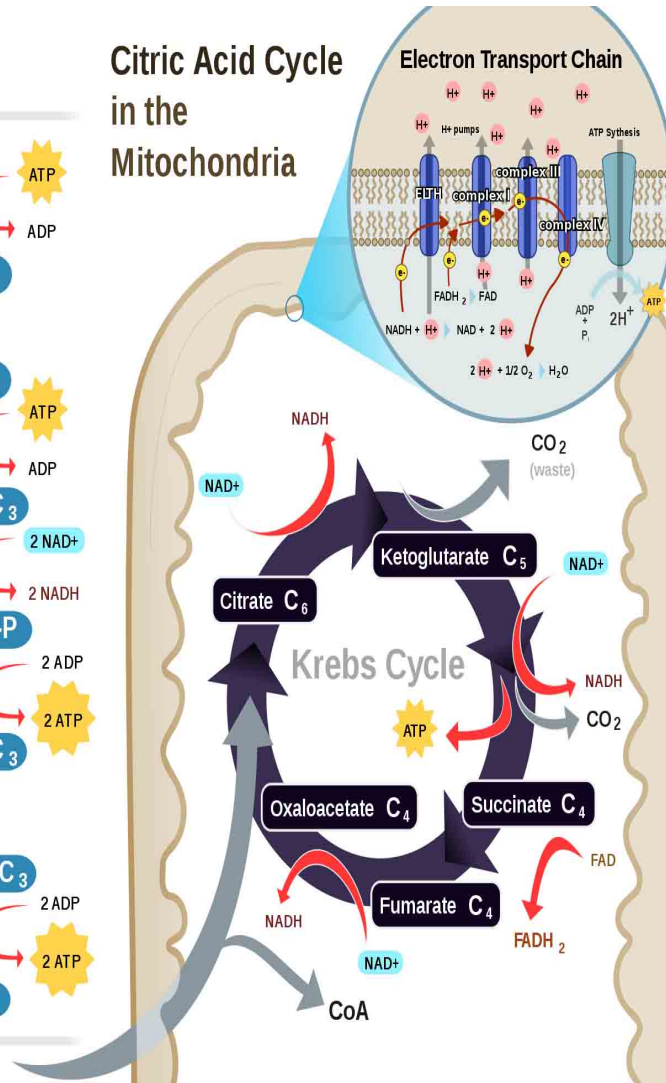


# Aerobic Cellular Respiration

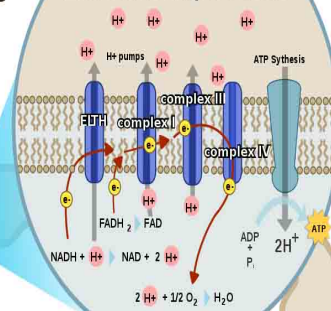
## Glycolysis in the Cytoplasm



## Citric Acid Cycle in the Mitochondria




## Electron Transport Chain



**REVIEW!**

Animated lesson  
and quizzes on  
Cellular  
Respiration

# Aerobic cellular respiration →

Utilizes glycolysis, synthesis of acetyl-CoA, Krebs cycle, and electron transport chain; results in complete breakdown of \_\_\_\_\_ to carbon dioxide, water & 

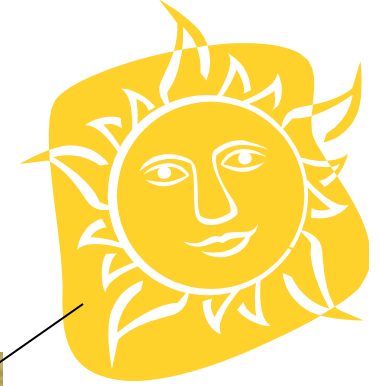
The ultimate objective is to make  molecules to do cellular work.

Each NADH results in 3 ATP, Each FADH<sub>2</sub> results in 2 ATP.

A total of **38** molecules of ATP are formed from one molecule of glucose.

*Lets figure out how we got 38 ATP by the end of aerobic respiration.*

# Where does the energy come from?



*In other words, how do we get glucose to begin with?*

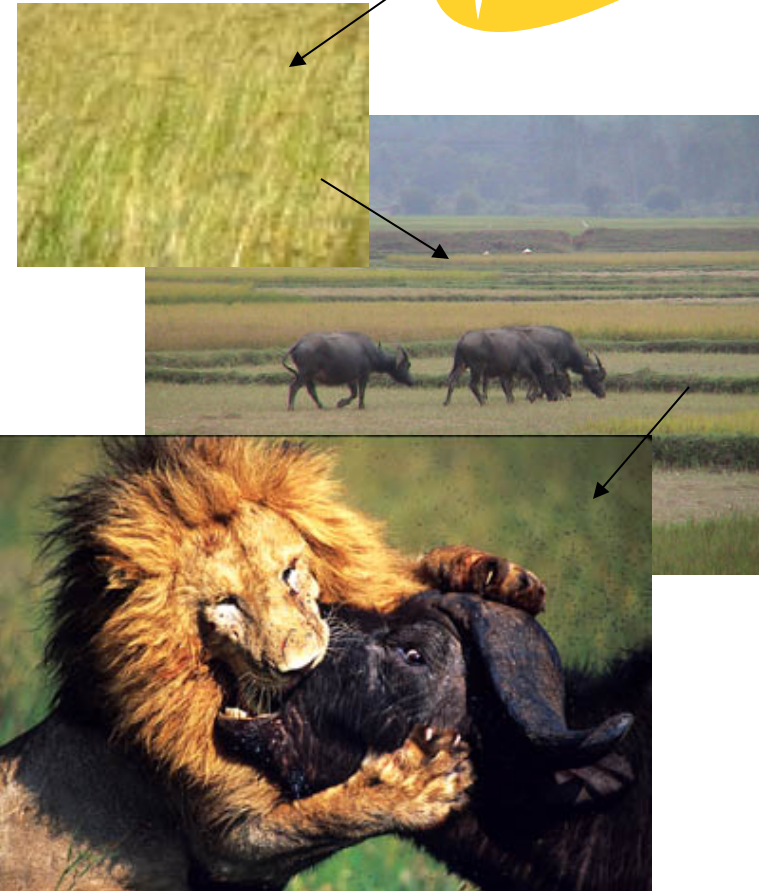
**Autotroph** - organism that makes organic compounds from inorganic sources.

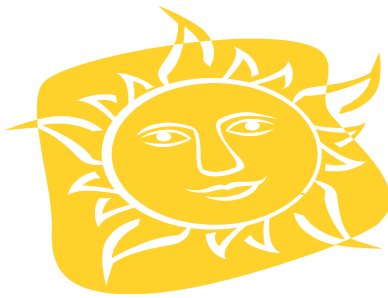
Plants, some bacteria, and some protista make their own food using light energy.

**Heterotroph** - organism that cannot make organic compounds from inorganic sources.

They obtain their organic compounds by consuming other organisms. Almost all animals, fungi and some Protista and bacteria.

Sun → Autotroph → Heterotroph





# Conversion of Energy

- Every food chain begins with **anabolic** pathways in organisms that synthesize their own **organic molecules** from inorganic carbon dioxide.
- Most of these organisms capture **light** energy from the sun and use it to drive the synthesis of **glucose** from  $\text{CO}_2$  and  $\text{H}_2\text{O}$  by a process called photosynthesis.

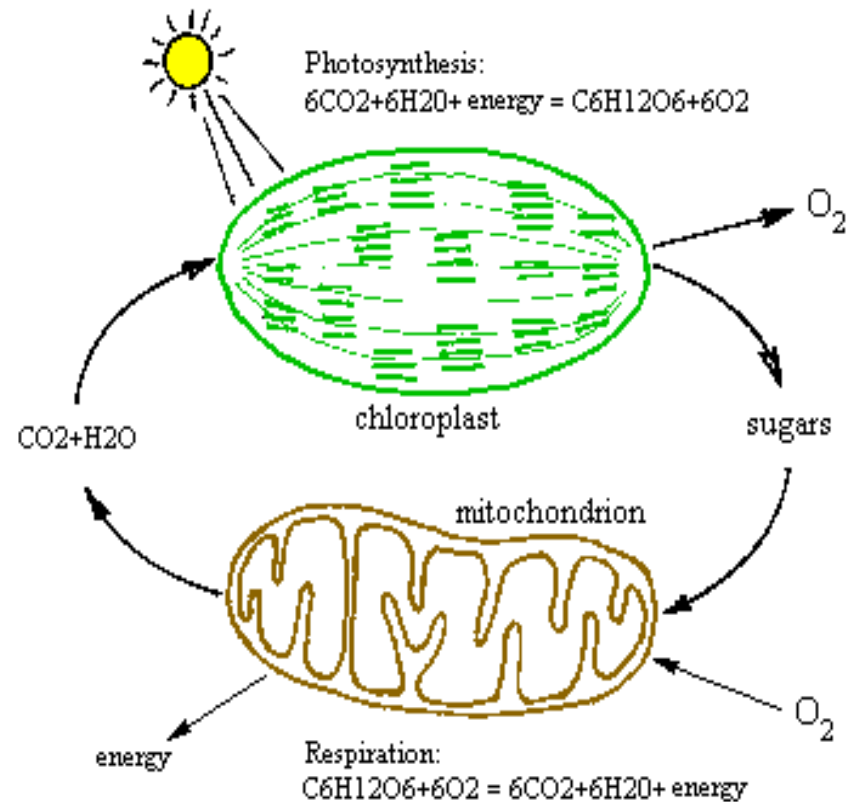
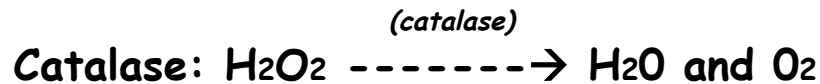


Figure 16 - With the photosynthesis, the solar energy is cumulated by the chloroplasts as sugar molecules. With the glycolysis and the respiration, made by mitochondria, the energy is liberated and supplied to the cell for its biochemical processes.

# Using oxygen ( $1/2 O_2$ ) in metabolism creates toxic waste.

Cells that are able to use aerobic respiration produce special molecules that detoxify oxygen:



**Q:** What kind of molecules are catalase and SOD?

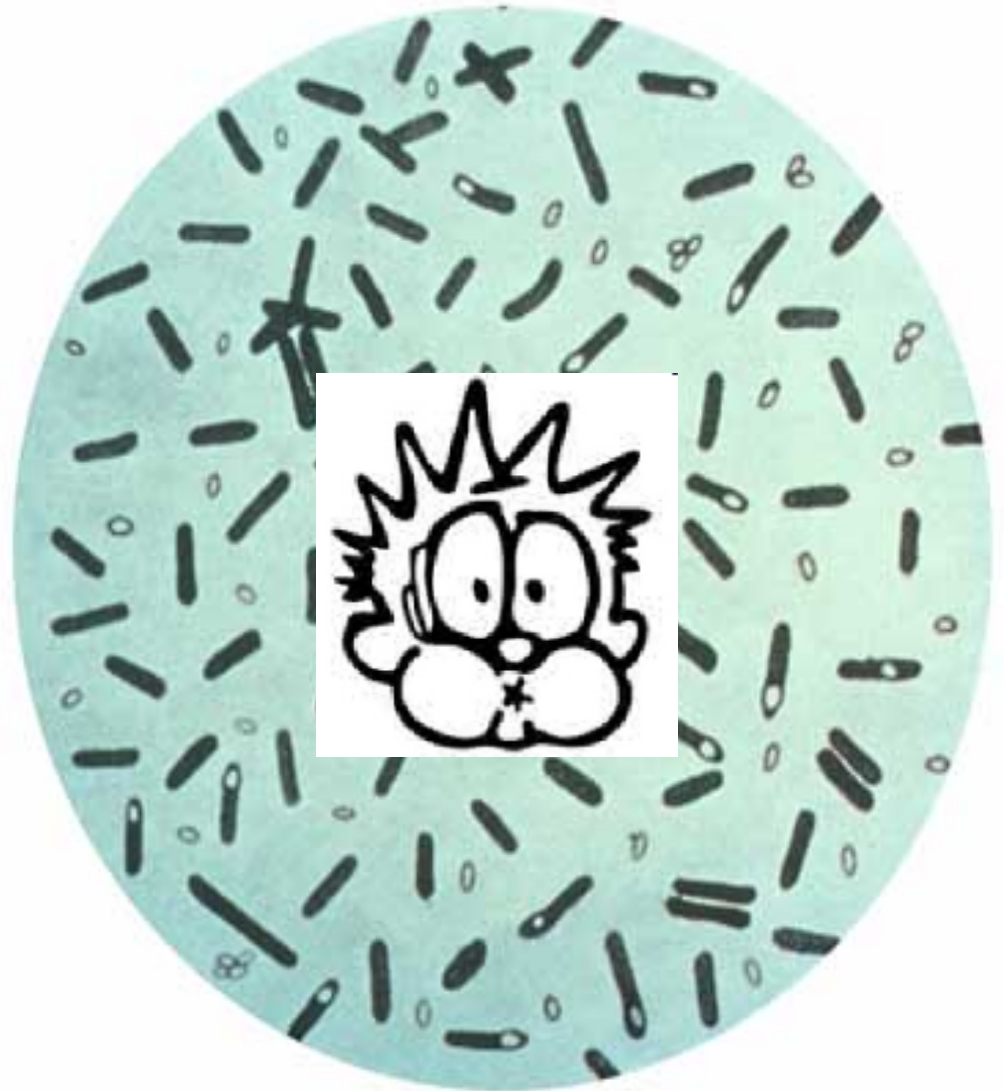
Cells that don't make one or both of these cannot exist in the presence of oxygen.

If oxygen is  
required for  
aerobic cellular  
respiration...

how do cells  
get **energy** if  
there is no

$O_2$ ,

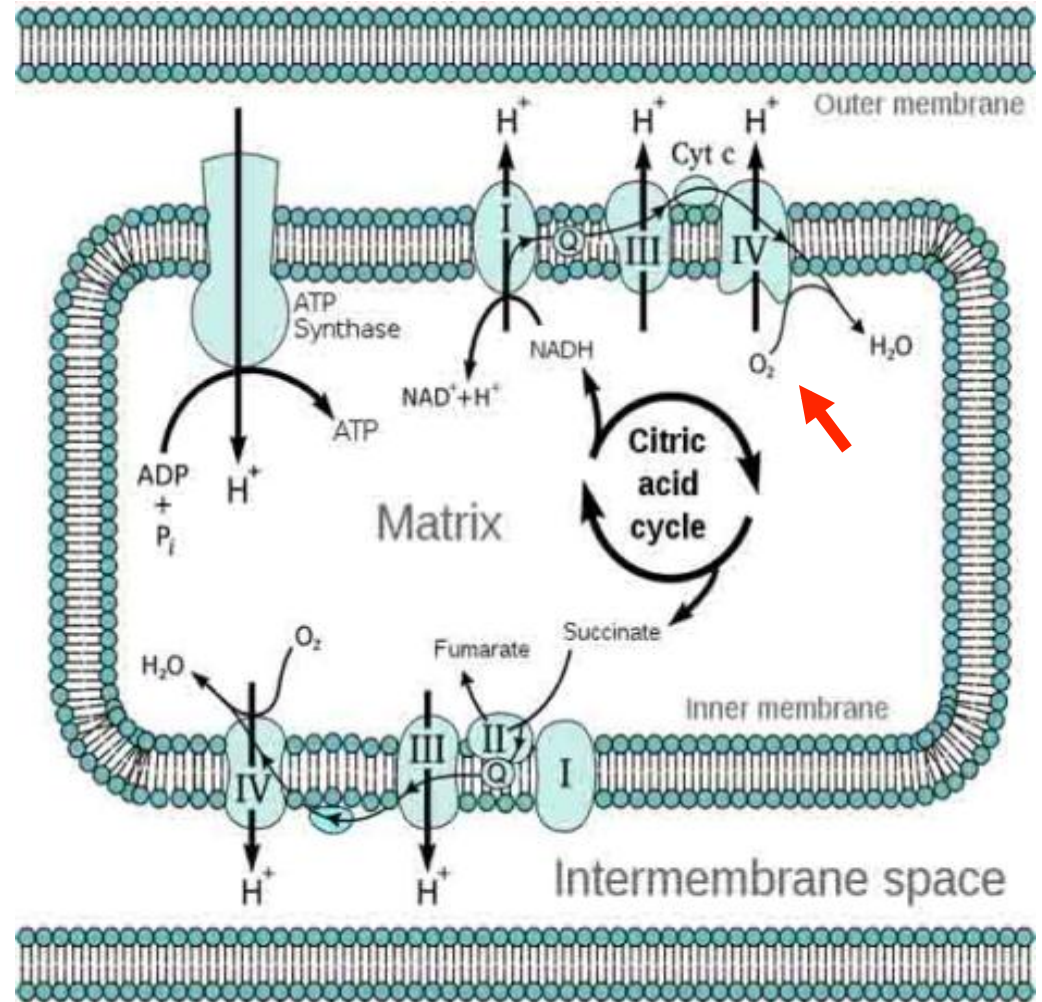
or if they  
can't use oxygen?

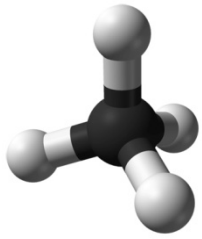




# Anaerobic Cellular Respiration

- Many anaerobic bacteria, and muscle cells that run out of  $O_2$ , can make ATP by using something other than oxygen as an electron acceptor (*nitrate, sulfate & carbon dioxide*).
- In anaerobic respiration, not all the ETC is used, so less ATP is produced.





# More Fun With Farts

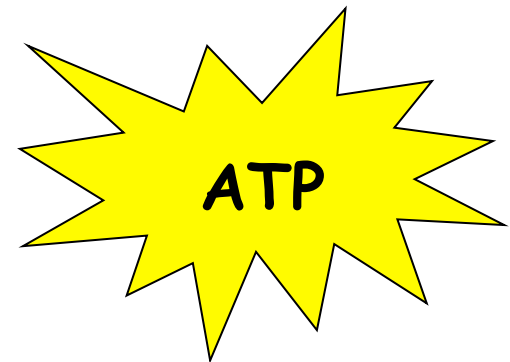


- When  $\text{CO}_2$  is used as an electron acceptor in anaerobic respiration, the product is either **methane** or acetic acid (*depending on organism*).
- **Methane** produced in our gut (and released as farts) results from this process.
- New study of people with GI symptoms, found that those with high levels of hydrogen (H) and methane ( $\text{CH}_4$ ) gases in their breath also had higher body mass index (BMI) and % body fat.
- Having both  $\text{CH}_4$  and H in breath indicates presence of *Methanobrevibacter smithii*, a key methane-producing microbe (Archaea) in the human gut.
- In addition to making methane, *M. smithii* scavenges hydrogen from other microbes, and these 2 actions appear to increase nutrient absorption and promote weight gain.

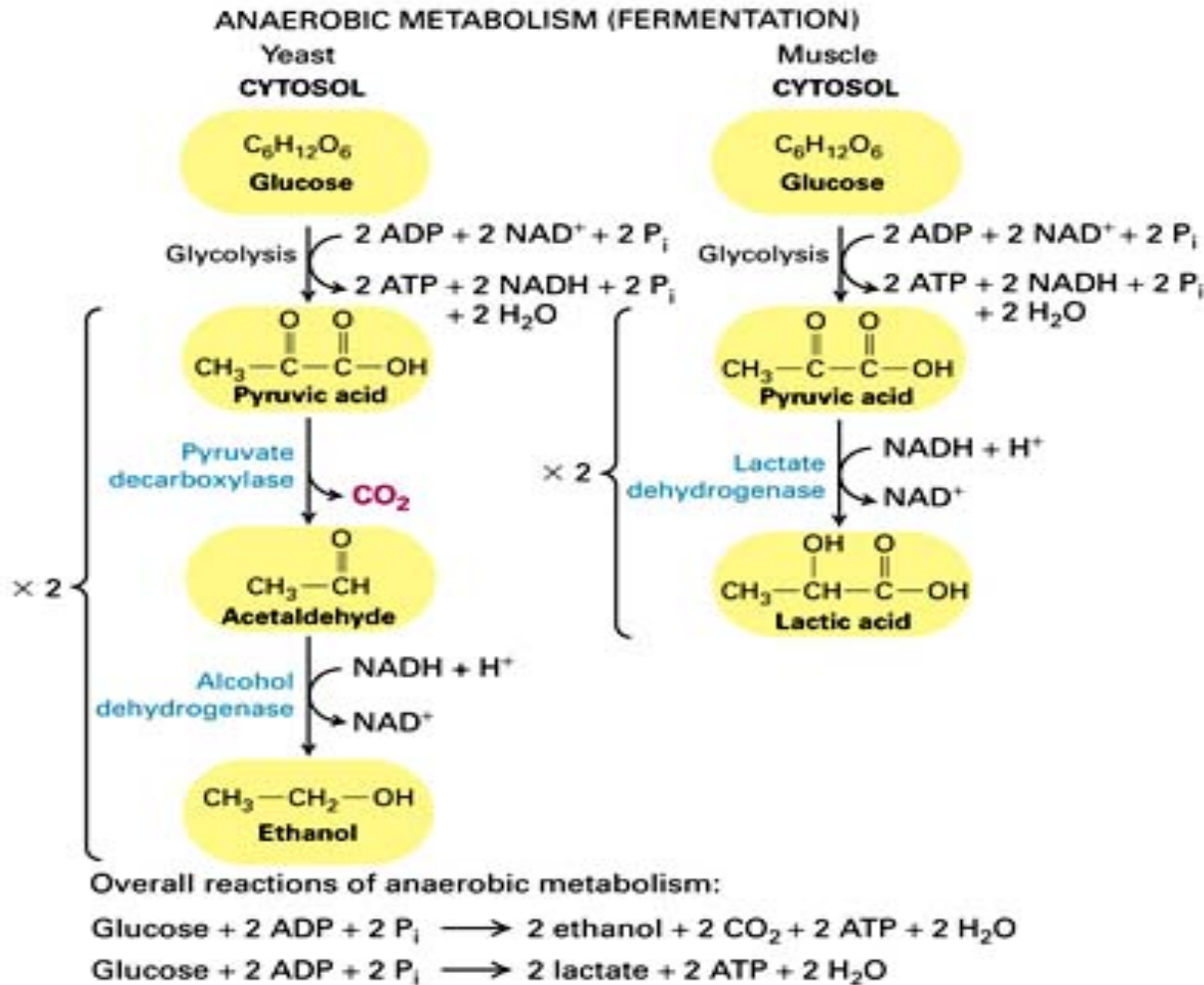
Image: [Methane 3D](#), Ben Mills  
[Methane producing Gut Organisms May Promote Weight Gain](#)" Medscape.

# Fermentation

- When there is no final **electron acceptor** for the ETC, then electron transport can't happen.
- Fermentation is an alternative system that allows glycolysis to continue without the other steps of cellular respiration.
- Not as energetically efficient as respiration.
- **Q:** How many ATP are gained in glycolysis?



# Fermentation



**REVIEW!**

Interactive  
animated  
lesson  
comparing  
Alcoholic  
vs  
Lactic Acid  
Fermentation

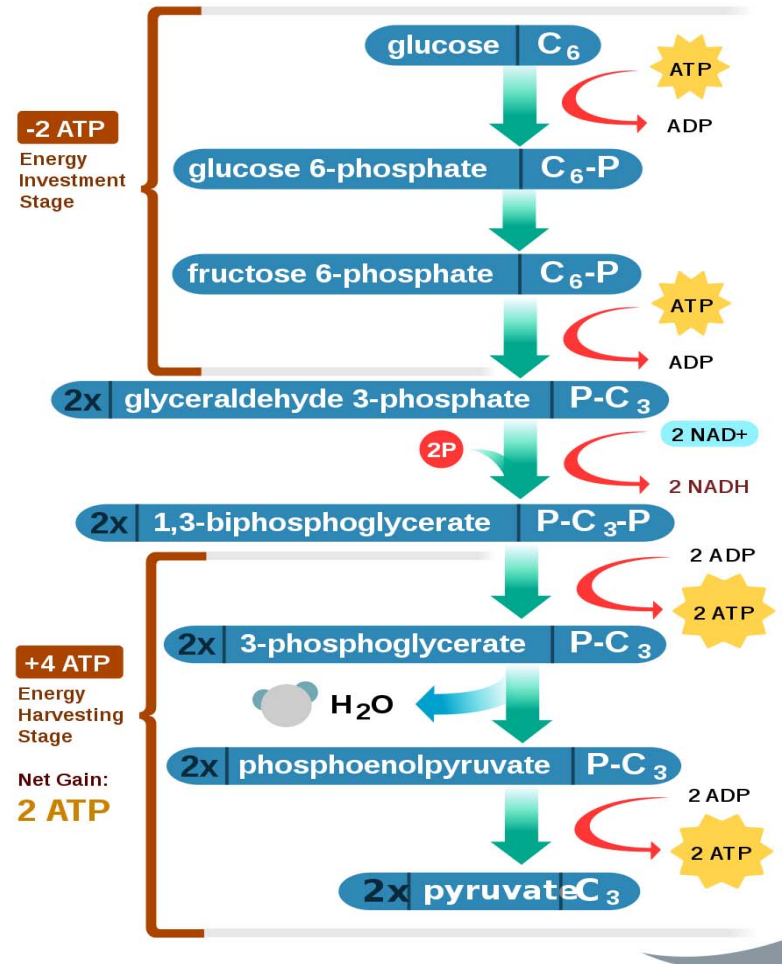
# Why does fermentation require extra steps after glycolysis?

- In fermentation, after glycolysis, there are additional steps to oxidize NADH (into  $\text{NAD}^+$ ).
- Electrons and hydrogen ions from the NADH that was produced by glycolysis are donated to another organic molecule.
- No more ATP is created through these additional steps.
- So essentially...

**FERMENTATION =**

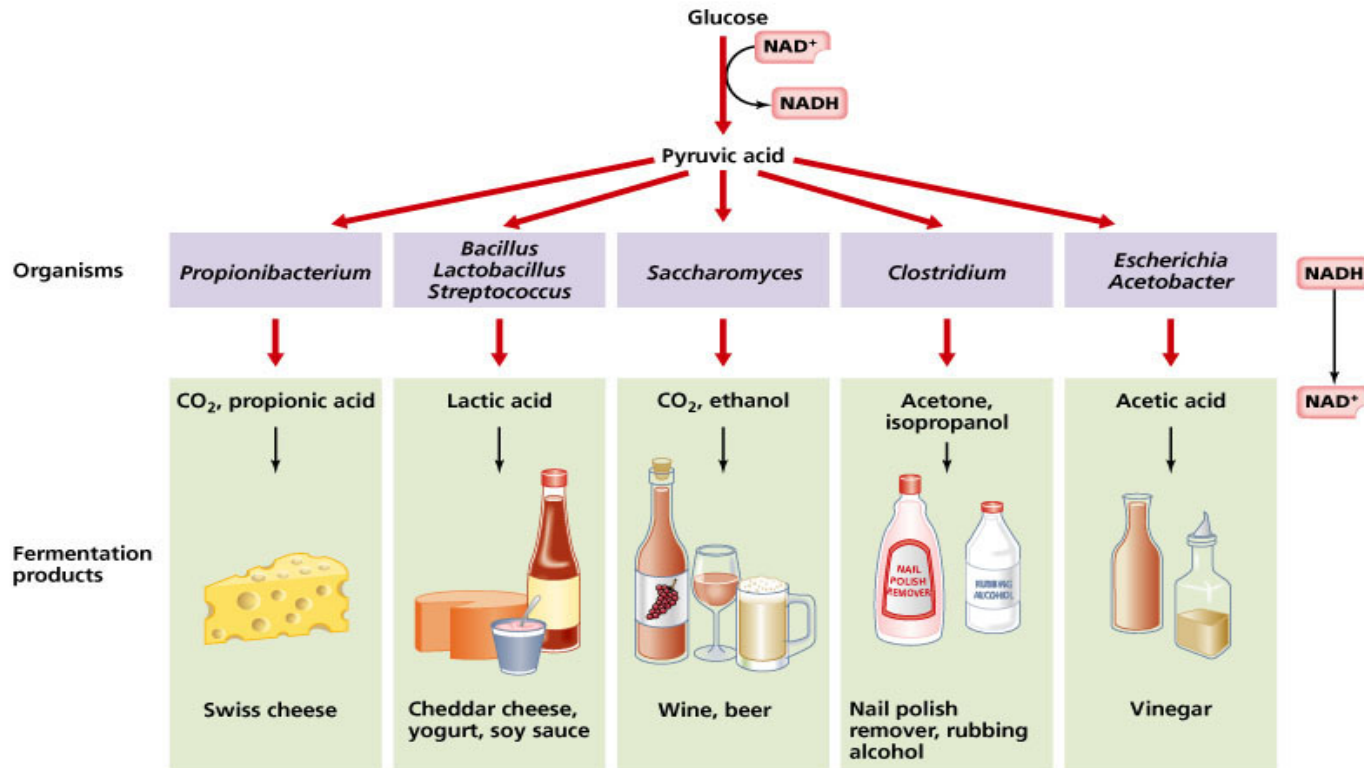
**glycolysis + recycling of  $\text{NAD}^+$**

## Glycolysis in the Cytoplasm



# Fermentation

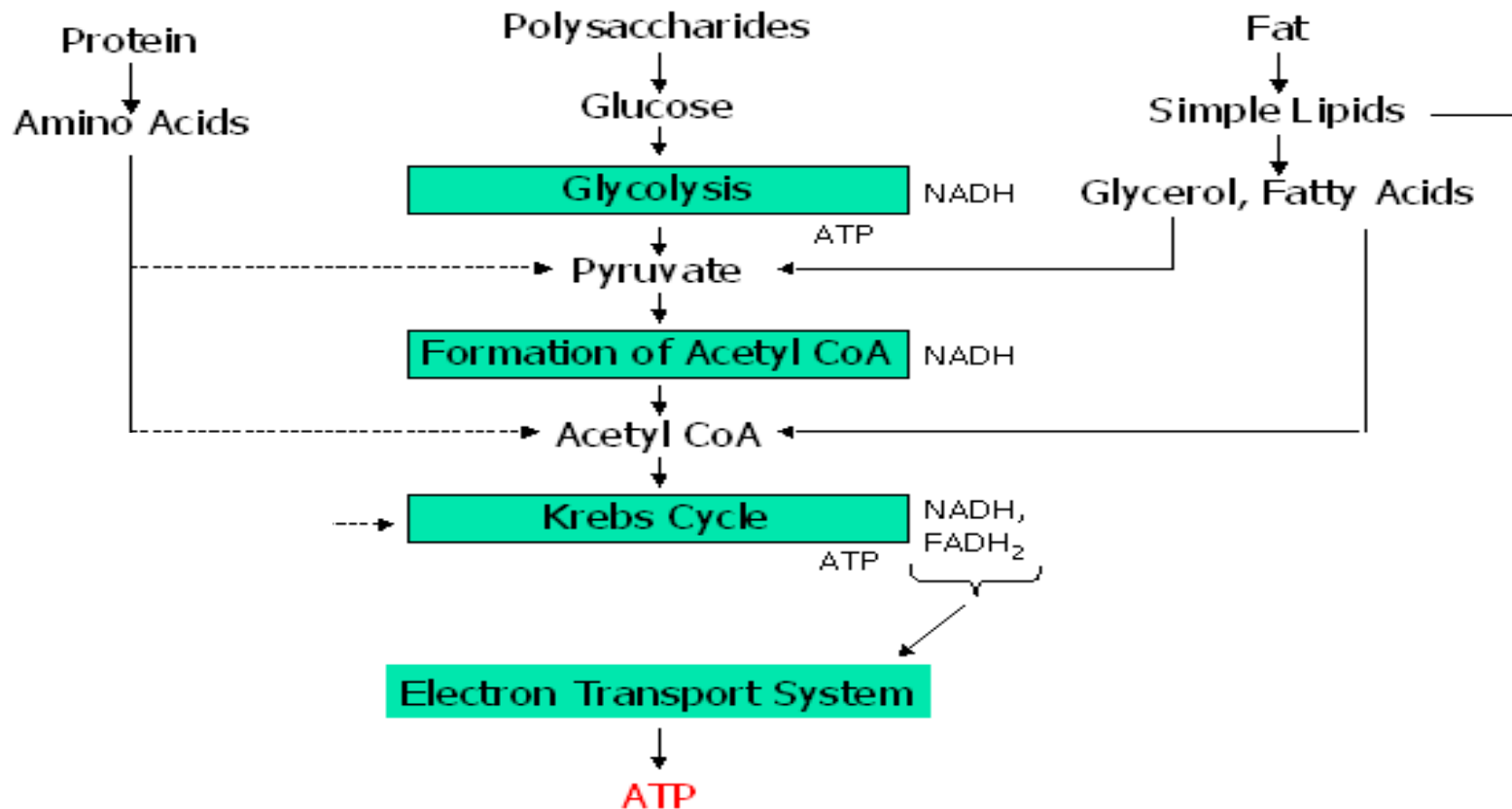
- Most of the potential energy remains in the bonds of fermentation products.
- Fermentation products are wastes to cells that make them, many are useful to humans (ethanol, acetic acid, and lactic acid).



# How do we metabolize proteins & fats?

Excess amino acids can be used to synthesize **pyruvate**, **acetyl CoA**, and **alpha ketogluterate**, which enters the Krebs cycle.

The glycerol & fatty acids of fats can also be converted to **pyruvate** and **acetyl CoA** and then enter cellular respiration.



# Confused?

Here are links to fun resources that further explain nutrition:

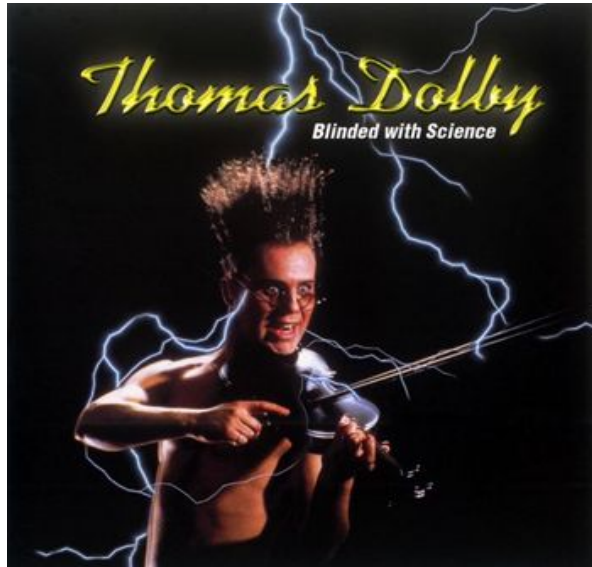
- [Cellular Respiration](#) animation by Jay Phelan, "What is Life? A Guide to Biology", W. H. Freeman & Co.
- ["The Body Machine"](#) music video by School House Rock.
- [How NAD+ Works](#) animation and quiz from McGraw-Hill.
- [Glycolysis](#) animation and quiz from McGraw-Hill.
- [Krebs Cycle Animation & Quiz](#) from McGraw-Hill.
- [Electron Transport Chain](#) animation from Molecular & Cellular Biology Learning Center.
- [Electron Transport Chain](#) click through animation by Graham Kent Bio231 Cell Biology Laboratory.
- [Electron Transport Chain: The Movie](#) from the Virtual Cell Animation Collection.
- [Cellular Respiration](#) animation by Jay Phelan, "What is Life? A Guide to Biology", W. H. Freeman & Co.

(You must be in PPT slideshow view to click on links.)

## Smart Links







Are you feeling blinded by science?

*Do yourself a favor. Use the...*

## Virtual Biology Classroom (VBC)!

The VBC is full of resources to help you succeed,  
including:



- practice test questions
- review questions
- study guides and learning objectives
- PowerPoints on other topics

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